

EDUCATION  
SCHOOL

## LEVEL 2 DIPLOMA IN CARE

AWARDING BODY

FOCUS AWARDS



## Course Description

The Level 2 Diploma in Care serves as an excellent starting point for individuals looking to begin or advance their careers in the health and social care sector. This comprehensive Level 2 QCF Health and Social Care qualification equips you with the essential knowledge and skills required to provide high-quality care in various settings. As an RQF (Regulated Qualifications Framework) accredited course, it offers a recognized pathway for both personal and professional growth.

This industry-standard qualification aligns with the requirements of the health and social care sector and is referred to by several names, including Level 2 Care Diploma, Level 2 Diploma in Health and Social Care, and NVQ Level 2 Diploma in Health and Social Care. It prepares you to support individuals in their daily lives across a range of environments, such as care homes, hospitals, and home care settings.

Who is the Course For?

The QCF Diploma Level 2 is designed for those new to care work or individuals seeking to formalize their experience with a recognized qualification. Whether you are pursuing a QCF Health and Social Care Level 2 qualification or aiming for a Level 2 Diploma in Health to enhance your career prospects, this course caters to your professional development needs. Through practical, real-world scenarios, you will gain valuable skills applicable to diverse care environments.

The Health and Social Care Diploma Level 2 online course provides complete flexibility, enabling you to study at your own pace. With the Level 2 Diploma in Health and Social Care online option, you can balance your work, family, and study commitments while achieving your qualification. Experienced tutors will support you throughout your learning journey in this fully online program.

## Course Structure

- Unit 1:** Communication in care settings
- Unit 2:** Handle information in care settings
- Unit 3:** Personal development in care settings
- Unit 4:** Implement person-centred approaches in care settings
- Unit 5:** Equality and inclusion in care settings
- Unit 6:** Health, safety and wellbeing in care settings
- Unit 7:** Responsibilities of a care worker
- Unit 8:** Duty of care
- Unit 9:** Safeguarding and protection in care settings
- Unit 10:** Move and position individuals in accordance with their plan of care
- Unit 11:** Understand mental well-being and mental health promotion
- Unit 12:** Principles of health promotion
- Unit 13:** Understand the factors that can influence communication and interaction with individuals who have dementia
- Unit 14:** Understand the administration of medication to individuals with dementia using a person centred approach
- Unit 15:** Causes and Spread of Infection
- Unit 16:** Understand how to support individuals during the last days of life
- Unit 17:** Understand the Effects of Ageing in Activity Provision
- Unit 18:** Understand and implement a person centred approach to the care and support of individuals with dementia

## Assessment

Written Assignments and Witness Statements.

## Duration

The course offers self-paced modules. It can be completed over a 6-8 month duration. However, the course access expires after a year and a re-enrolment charge is applicable.

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