

Course Description

The Level 3 Award in First Aid at Work is an accredited qualification aimed at equipping individuals with the essential skills and knowledge to respond effectively to a variety of first aid situations and emergencies. Whether you are pursuing first aid training for your workplace or enhancing personal skills, this course covers vital topics, including cardiopulmonary resuscitation (CPR), choking first aid, and more.

This comprehensive first aid course focuses on all aspects of workplace first aid, preparing participants to handle minor injuries and life-threatening emergencies. Designed for those appointed as first aiders in their organization or anyone seeking the ability to assist in emergencies, the first aid at work qualification empowers you to manage critical situations confidently.

Suitable for employees, managers, and supervisors across diverse industries, this online first aid course offers formal certification for those needing emergency first aid at work training or specific skills such as paediatric first aid. The course covers essential techniques applicable in both adult and child care scenarios.

For individuals or organizations looking to train employees in basic first aid, this course provides a solid foundation for health and safety responsibilities in the workplace. With its practical, hands-on approach, the first aid at work course ensures participants gain the confidence needed to address real-life emergencies.

Our online first aid course delivers the same high-quality instruction as in-person classes, featuring interactive learning materials and assessments. For those preferring remote training, this flexible first aid training online adapts seamlessly to fit your schedule.

Course Structure

Unit 1: Emergency First Aid in the Workplace

Unit 2: Recognition and Management of illness and injury in the workplace

Assessment

Written Assignments and Demonstration through Video Recordings

Duration

The course offers self-paced modules. It can be completed in one week to a 1 month duration. However, the course access expires after a year and a re-enrolment charge is applicable.

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