



EDUCATION
SCHOOL

LEVEL 2 CERTIFICATE IN COUNSELING SKILLS

AWARDING BODY

FOCUS AWARDS 

Course Description

The Level 2 Certificate in Counselling Skills offers an excellent introduction to counselling and its practical applications. This Level 2 counselling course is ideal for individuals looking to develop essential skills for working in a helping or supportive role. It also provides a strong foundation for pursuing further training in counselling.

Our counselling course focuses on fundamental techniques to communicate effectively and empathetically, making it valuable for personal development or as a stepping stone toward a professional counselling career. Whether you are new to the field or aiming to refine your existing skills, this Level 2 counselling course online equips you with the key tools to support others across various settings.

This Level 2 counselling skills course is ideal for those seeking to gain deeper insights into human behaviour, enhance interpersonal skills, or begin their journey into the counselling profession. Whether you wish to better support others in a professional role or explore counselling as a career path, this Certificate in Counselling Skills lays the groundwork. The Level 2 counselling qualification equips learners with the core competencies to build rapport and assist individuals in navigating challenging situations.

Course Structure

Unit 1: Using Counselling Skills

Unit 2: Introduction to Counselling Theories

Unit 3: Diversity and ethics in the use of counselling skills

Unit 4: Counselling skills and personal development

Assessment

Written assignments

Duration

The course offers self-paced modules. It can be completed over a 2 - 4 month duration. However, the course access expires after a year and a re-enrolment charge is applicable.

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